

Frederick County Child Health Partnership Minutes

Date: February 28, 2008

Location: Frederick County Health Department, 350 Montevue Lane, Frederick, MD

Attendees: Dr. Douge, Marylou Stone, Angie Blair, Tom Werner, Marsha Duncan, Charmayne McClarine, Sara Shankle, Lana Tinney, Kathleen Emmerich, Susan Lindstrom

1- "Healthy County" Website Committee

- Angie presented latest on Healthy City Module & Opie/Tagline development.
- Membership offered feedback and suggestions.
- Will continue to solicit ideas from the committee for this module and the additional web pages to be developed. Discussed possibilities for Partnership to help market the tool once it goes live.
- Discussed possible uses for module once finalized.
- Tom Werner and Marsha Duncan both stated that they would like to join this committee.

2- FCCHP Web page Committee

- Angie advised that she will likely develop something similar to what the Frederick County Diabetes Coalition has for their web page:
<http://www.co.frederick.md.us/index.asp?nid=2367>. Angie explained that while she would be the one to create the page, the committee members can contribute by offering development feedback/suggestions.
- Marsha Duncan advised that she would like to join this committee.

3- Resource Guide Committee

- Marylou advised that she was thinking about utilizing some of the information from the Diabetes Resource Guide as well as resource information from 211 (which Susan offered to provide) in the development of this guide.
- Kathleen advised that she would like to move from the Healthy County Committee to this committee.

4- Agency/Individual Sharing

- Susan shared that Helen Monk has announced her retirement (effective May 1st).
- Tom brought up concerns related to the article in today's paper about the 5 Athletic Director cuts (BOE) as well as concerns related to the presence of soda machines in the schools
- Tom received feedback from Susan, Kathleen and Sara advising that FCPS has made great efforts to discontinue or curb unhealthy snacks. It was suggested that Tom speak with Helen Monk as she can provide the most accurate information on this topic.
- Kathleen shared that she completed a Health and Nutrition PPT presentation for 7th and 8th graders for her school. Group discussed how this would be a great resource for all schools.

- Susan shared that the School Health Council learned about 5, 4, 3, 2, 1, 0 from Dr. Lee (she will bring more information to our next meeting). The Council is working to promote this program. This may be something that the Partnership could also promote. Additionally, the Council is submitting a letter to the BOE concerning the relationship between sleep and academic performance and is using this as the basis for asking the BOE to create a later start time for adolescents. Susan wondered if the Partnership would be interested in submitting a letter of support for this request. Marylou noted that the relationship between lack of sleep and obesity could also be highlighted.

Next Meeting: March 27, 2008 from 9:00-10:30 am at the Health Department's Auditorium.